

# Rider Bio-Mechanics Clinic

Saturday, April 25th

St. Johns County Equestrian Center



Visualize  
Harmonize

Minimize

Maximize

Straighten

Bend

Relax

Soften

Cooperate

Enjoy the Ride!

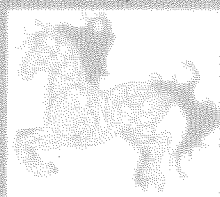
\$150 per Rider

~ Auditors Welcome ~  
\$20 fee (includes lunch)

10:00 am - 1:00 pm Un-mounted Theory & Saddle Balance

1:00 pm - 2:00 pm Lunch provided

2:00 pm - 4:00 pm Mounted Application of Concepts



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